

See discussions, stats, and author profiles for this publication at: <https://www.researchgate.net/publication/342013965>

# Extra-hospital homeopathic treatment of symptomatic patients COVID- 19: Summary of remedies and sequences of remedies in 62 consecutive Italian cases

Article · June 2020

CITATIONS

0

2 authors, including:



[Andrea Valeri](#)

SIMO - Società Italiana di Medicina Omeopatica

18 PUBLICATIONS 54 CITATIONS

[SEE PROFILE](#)

Some of the authors of this publication are also working on these related projects:



bibliographic research: effect of carduus marianus on diabetic nephropathy evolution [View project](#)



Studio osservazionale su casi COVID-19 [View project](#)

# Extra-hospital homeopathic treatment of symptomatic patients COVID-19: Summary of remedies and sequences of remedies in 62 consecutive Italian cases (from 25.02 to 05.05.2020)

## Introduction:

After the publication of the article [Symptomatic COVID-19 positive and probable patients treated by homeopathic physicians - an Italian descriptive study](#) <sup>1</sup> several homeopathic colleagues asked us more details about the homeopathic prescriptions used.

In the meantime, as the collection and selection of cases proceeds, we have to date a total of **50 +12 = 62** cases carefully selected and collected according to the inclusion criteria described in the above article.

Also for the last **12** cases, we have observed a similar trend to the previous 50: all the courses were successful in restoring the patient.

Also, no patient has had to resort to hospitalization.

In the meantime, an important overview on COVID-19 was published on May 18, 2020 <sup>2</sup> which addresses, among other things, the issue of the identification of the **genus epidemic** in the ongoing COVID-19 **epidemic**. In this regard, we will comment on some passages by S. Hahnemann taken from his basic text of medical methodology, the Organon dell'arte medica VI edition. We use a particularly accurate English translation, which, among other things, is accompanied by a very useful **glossary** on the key concepts of the text<sup>3</sup>. In this glossary, on page 312, we read that the theme of the genus epidemicus has been dealt with in paragraphs **101, 102, 241**. Let us try to answer some basic questions, the same ones we faced when we started to collect our case history

*How many clinical observations are necessary to arrive at the definition of the epidemic genus in the COVID-19 epidemic? In other words, how many COVID-19 patients need to be carefully observed?*

Hahnemann states that "several cases" are necessary to have a clear picture of the epidemic, although he adds that the doctor who **investigates carefully** often comes to an understanding of the epidemic from the very first cases (§ 101). As a working method, we have worked as accurately as possible on the reports of an increasing number of cases. As the reports were collected. The symptomatological picture became richer and more precise. 50 and then 62 selected cases may seem few, but it should be noted that homeopathic reports take note of all the signs and symptoms of patients, both physical and mental and emotional, not only those that are more frequent statistically.

---

1 [https://www.researchgate.net/publication/340594925\\_Pazienti\\_sintomatici\\_COVID-19\\_positivi\\_e\\_probabili\\_trattati\\_da\\_medici\\_omeopati\\_-\\_uno\\_studio\\_descrittivo\\_italiano](https://www.researchgate.net/publication/340594925_Pazienti_sintomatici_COVID-19_positivi_e_probabili_trattati_da_medici_omeopati_-_uno_studio_descrittivo_italiano)

[https://www.researchgate.net/publication/340631586\\_Symptomatic\\_COVID-19\\_positive\\_and\\_likely\\_patients\\_treated\\_by\\_homeopathic\\_physicians\\_-\\_an\\_Italian\\_descriptive\\_study](https://www.researchgate.net/publication/340631586_Symptomatic_COVID-19_positive_and_likely_patients_treated_by_homeopathic_physicians_-_an_Italian_descriptive_study)

2 Manchanda RK\_Gupta Meeta\_Homeopathy in the Covid-19 Pandemic: Opportunities, Challenges and the Road Ahead\_Homeopathy for Everyone\_2020\_05\_18

[https://hpathy.com/homeopathy-papers/homeopathy-in-the-covid-19-pandemic-opportunities-challenges-and-the-road-ahead/?fbclid=IwAR1\\_s4ttDaD4ywohf-Vtni7\\_\\_7cruYLgtyTBpofYtWOn2YxTeNPPUxjDJ-Y](https://hpathy.com/homeopathy-papers/homeopathy-in-the-covid-19-pandemic-opportunities-challenges-and-the-road-ahead/?fbclid=IwAR1_s4ttDaD4ywohf-Vtni7__7cruYLgtyTBpofYtWOn2YxTeNPPUxjDJ-Y)

3 Samuel Hahnemann Organon of the medical art. Edited and annotated by Wenda Brewster o' Reilly. Birdcage books 1997

Is the epidemic genus of COVID-19 the set of symptoms that identify the epidemic or is it the identification of certain homeopathic medicines to be used in the treatment of the epidemic?

This point is fundamental because it clarifies whether the primary focus should be on identifying symptoms or directly on the indicated remedy. Hahnemann writes "the complex of symptoms common to all patients" and this concept is referred to by curator Brewster o' Reilly as **genus epidemicus**. **Hahnemann in paragraph 241 of the 6th edition of the Organon does not use the term genus epidemicus but uses the concept.**

The doctrine of "Genus epidemicus" began by the English doctor **Thomas Sydenham**<sup>4</sup> in the 17th century<sup>5</sup>. A useful reference in this regard can be found in footnote 2 to paragraph 81 of the sixth edition of the Organon. In this note, Hahnemann quotes Sydenham. For Hahnemann, Sydenham's fundamental contribution was to have understood that every epidemic has different **symptoms from every** other and should therefore be treated as a distinct entity. For the importance of the concept we quote both the Italian translation and the original German text in the note<sup>6</sup>. On the other hand, Sydenham has provided a clear description in his text **Medical Observations of scarlet fever**, a disease with epidemic pattern treated by Hahnemann himself.<sup>8</sup>

---

4 "Thomas Sydenham, (born 1624, Wynford Eagle, Dorset, Eng.—died Dec. 29, 1689, London), physician recognized as a founder of clinical medicine and epidemiology. Because he emphasized detailed observations of patients and maintained accurate records, he has been called "the English Hippocrates.""  
<https://www.britannica.com/biography/Thomas-Sydenham>

5 Baumann Hans, Dr. med., History of medicine, WissenMediaVerlag, 2004, pag. 192  
<https://books.google.it/books?id=EcsZ90JfsSgC&pg=PA192&lpg=PA192&dq=genius+epidemicus+origin+term&source=bl&ots=qVjkwGrNO-&sig=ACfU3U3wzh6HOWOPdftr2ug4MqeQJPKxw&hl=en&sa=X&ved=2ahUKewjM4b-zrNzpAhWzSxUIHWjcAGAQ6AEwAnoECAoQAQ#v=onepage&q=genius%20epidemicus%20origin%20term&f=false>

6 "every epidemic of such a circulating fever, each time characterized as a different disease, **new**, never so prevalent, very different in its course as well as in many of its most striking symptoms and in all its behavior each time. Each of them is so different from all the previous epidemics, named in one way or another, that it would be impossible to be logically precise in terms of concepts if we wanted to give these epidemics, so different from each other, one of the names that have been introduced into the pathologies and treat them according to this improper term. Only the honest Sydenham has realized this, since he (Opera. Cap. 2. de morb. epid. p. 43.) insists on not taking an epidemic disease for one that already exists and treating it medically in the manner of another, since they would all, however gradually appearing, be different from each other." Translated with [www.DeepL.com/Translator](http://www.DeepL.com/Translator) (free version)

original german text "jede Epidemie solcher herumgehenden Fieber, sich jedesmal als eine andere, **neue**, nie ganz so dagewesene Krankheit auszeichnet, sehr abweichend in ihrem Verlaufe sowohl, als in mehreren der auffallendsten **Symptome** und ihrem ganzen jedesmaligen Verhalten. Jede ist allen vorhergegangenen, so oder so benannten Epidemien dergestalt unähnlich, daß man alle logische Genauigkeit in Begriffen verläugnen müßte, wenn man diesen, unter einander selbst so sehr abweichenden Seuchen, einen jener, in den Pathologien eingeführten Namen geben und sie dieser mißbräuchlichen Benennung gemäß, arzneilich überein behandeln wollte. Dieß sah bloß der redliche **Sydenham** ein, da er (Oper. Cap. 2. de morb. epid. S. 43.) darauf dringt, keine epidemische Krankheit für eine schon da gewesene zu halten und sie nach Art einer andern ärztlich zu behandeln, da sie doch alle, so viel ihrer nach und nach erschienen, von einander verschieden wären:" tratto da  
<http://www.homeoint.org/books4/organon/org080.htm#p81>

7 Rolleston JD. THE HISTORY OF SCARLET FEVER. Br Med J. 1928 Nov 24;2(3542):926-9. doi: 10.1136/bmj.2.3542.926. PMID: 20774279. [https://pubmed.ncbi.nlm.nih.gov/20774279/?from\\_term=the+history+of+scarlet+fever+1928&from\\_exact\\_term=the+history+of+scarlet+fever+1928&from\\_pos=3](https://pubmed.ncbi.nlm.nih.gov/20774279/?from_term=the+history+of+scarlet+fever+1928&from_exact_term=the+history+of+scarlet+fever+1928&from_pos=3)

8 Jacobs J. Homeopathic Prevention and Management of Epidemic Diseases. Homeopathy. 2018 Aug;107(3):157-160. doi: 10.1055/s-0038-1649487. Epub 2018 May 12. PubMed PMID: 29753299.  
[https://pubmed.ncbi.nlm.nih.gov/29753299/?from\\_single\\_result=hahnemann+and+scarlet+fever](https://pubmed.ncbi.nlm.nih.gov/29753299/?from_single_result=hahnemann+and+scarlet+fever)

When "the complex of symptoms common to all patients"<sup>9</sup> is identified, this allows Hahnemann to find the specific homeopathic remedy. As can be seen, the focus is on identifying the **symptoms** that identify the epidemic; homeopathic treatment is a direct consequence of this<sup>10</sup>. We note that:

- the epidemic genus is the **complex** of symptoms. It is therefore not merely a statistically ordered list of individual symptoms, as seen in almost all the articles published on COVID that deal with the problem of diagnosis.
- the epidemic genus concerns **symptoms common** to **all** patients with that given epidemic
- as accurate clinical observations increase, it is possible to divide generic symptoms common to several infectious diseases from **marked, peculiar and even rarer** symptoms that become progressively characteristic of that epidemic,<sup>11</sup> in our case the COVID-19.

During a serious pandemic, such as the current one, it is obvious, however, that a large part of the interest of doctors with additional expertise in homeopathy is to identify which medicines have been used in favourably resolved cases. In order that each physician may have information that is as clinically useful as possible, even if synthetic, we report below the **medicines prescribed** for each of the 62 cases collected with a final comment. In a next article we will describe the symptoms collected from the various patients.

The text we propose is an extreme summary of the medicines used in individual clinical cases described in narrative form.

We add a legend to make understanding more immediate. The abbreviations used are commonly used in the various homeopathic repertories and indicate the various homeopathic medicines used. We emphasize that the data we report are simply the data present in the reports sent by the different homeopathic doctors.

## Legend:

RA=Apparent reissue of symptomatology.

RE= Rehabilitation with results

Rdf = Patient background remedy

aa = alternating with

In this synthetic extraction, the dosage of each remedy is not specified, nor is its rate of administration, nor how many times and for how long it has been taken.

---

9 "the symptom complex common to all the patients [i.e. the genus epidemicus]" Organon § 241 pag. 214

10 In this article, on the other hand, the genus epidemicus is indicated as the curative remedy  
HORING FO. Der Genus epidemicus (Hahnemann's term for the homeopathic remedy most effective in a particular epidemic). Arztl Wochenschr. 1955 Aug 19;10(33):749-51. German. PMID: 13258410.

11 Organon, § 102 p. 140

When it is not indicated. the scale used for the different medicinal products is the centesimal scale (CH or C); the abbreviation K indicates the Korsakovian scale and the abbreviation LM the fifty thousandth scale.

Each line synthesizes the **sequence** in time order of the homeopathic medicines used in each patient; for example, the first line in which Phos 30, 200k, Bry 1000K reads means that the patient first took Phosphorus flavus 30 CH, then always Phosphorus flavus 200 K, then Bryonia alba 1000 K.

Case 1: Phos 30, Phos 200k, Bry 1000k

Case 2: Bell 200, Bry 30, Ars 200k , RA Phos 200k , Phos 1000k

Case 3: Phos 30

Case 4: Rfd

Case 5: Phos 15

Case 6: Phos 30

Case 7: Bell 5, bry 200k, 1000k, phos 30

Case 8: Merc 5, lyc 6, lyc 6 Lm, chel 6

Case 9: Spig 6

Case 10: Bry 6, sulph 7

Case 11: Lob 30, ars 30

Case 12: Bry 30, eup-p, RE chin

Case 13: Spong, chin 30, just 30, bry

Case 14: Ant-t 15

Case 15: Phos 7

Case 16: Kali-a 200k (rdf), bry 30

Case 17: Eup-p

Case 18: Bell 30, gels 30, 200k

Case 19: Ars 30, 200, 1000

Case 20: Ars 30

Case 21: Spong 30,

Case 22: Eup-p 200, ars 200, phos 200

Case 23: Phos 10000k

Case 24: Bry 10000k

Case 25: Bry 30

Case 26: Bell 5, merc 30, na-m 30 (rdf)

Case 27: Bry 30, phos 30

Case 28: Bry 30, 200

Case 29: Bry 30

Case 30: Sulph 30

Case 31: Bry 30 RE ph-ac 30, bry 30

Case 32: Gels 30 aa eup-p 30, bry 30 aa bell 9 RE gels 30

Case 33: Bry 30

Case 34: Bry 10000k RA ph-ac

Case 35: Bry 10000k RA ferr-ph

Case 36: Bry 10000k, ars 200k, ph-ac 30, 200, 1000, rue 1000

Case 37: Ars 200k RE pyrog 200

Case 38: Caust

Case 39: Bry 200, 1000k, ars 200

Case 40: Ars 200

Case 41: Ant-t 9 RA ant-t 30

Case 42: Ars 30

Case 43: Phos 30, ph-ac 9 RA ph-ac 30, bry 30, lyc 15, bry 30, ant-t 9, 30, ph-ac 1000k, ph-ac30 aa ant-t30, aa\_\_\_\_\_ [arn30, Bry 30, ant-t 1000k RE ph 200

Case 44: Kali-ph 200k RE ign 200

Case 45: Bry 30 RA phos 30

Case 46: Bry 30, phos 30

Case 47: Ant-t 200

Case 48: Bry 200

Case 49: Bell 30, ars 30, bry 30 RA ars 200 RE carbo-v 6

Case 50: Bell 30, bry 30, puls 30, bell 200k, sulph 30

Case 51: Acon 6, bry 6

Case 52: Bry 6, podo 6

Case 53: Bry 30, ant-t 30, ars 30

Case 54: Merc (rdf)

Case 55: Ars 30 RA sulph 30

Case 56: Acon 30, sulph 50000k (rdf)

Case 57: Ars 30

Case 58: Ars 30, puls 30

Case 59: Ars 10000k, nux-v 10000k, chin-s 30, bry 1000k, carbo-v 1000k, puls 1000k, 10000k

Case 60: Ars 1000k, crot-h 1000k, 10000k

Case 61: Calc 10000k

Case 62: Eup-p 30

TOTAL 62 patients

## Statistical analysis of remedies used

In the 62 consecutive cases examined, a total of 34 different remedies were used: 16 remedies were used in more than one case, and 18 remedies were used in only one case.

If a remedy has been used at the same power at successive times in the same course or alternately with another, it has been considered only once in the following statistical extraction.

Bry (prescribed 33 times) was used in 53% of cases

Ars (18) in 29%

Phos (16) in 26%

Ph-ac (8) 13%

Bell (7) in 11%

Ant-t (6) in 10%

Eup-p, Sulph (5) in 8%.

Puls, Gels (4) in 6%.

Merc, Lyc (3) in 5%

Chin, Spong, Carbo-v, Acon (2) in 3%.

Crot-h, Chel, Spig, Lob, Just, Kali-ar, Arn, Nat-m, Caust, Ferr-ph, Pyrog, Kali-p, Ign, Podo, Nux-v, Chin-s, Calc, Rfd not specified (1), in 1%.

**WARNING:** The total percentage is not cumulative! Because they have been prescribed, on average 2 remedies in sequence in each case (from a minimum of 1 to a maximum of 6). Moreover, each doctor has made an average of 2.8 prescriptions in each case (from a minimum of 1 to a maximum of 15), since he may have prescribed the same remedy in two successive ascending powers.

FREQUENCY OF PRESCRIPTIONS OF HOMEOPATHIC REMEDIES IN EACH CASE OF COVID-19  
(SUMMARY):

**BRY** (53%)

ARS, PHOS (29-26%)

*Ph-ac, Bell, Eup-p, Ant-t, Sulph, Puls, Gels* (13-6%)

Merc, Lyc, Chi, Spo, Carbo-v, Acon, (5-3%)

crot-h, chel, spi, lob, just, kali-ars, arn, na-m, caust, ferr-ph, pyr, kali-p, ign, podo, nux-v, chin-s, calc, "background remedy" not specified (1%).

An "underlying remedy" has been used, admittedly, in at least 5% of cases and probably much more.

## **Comment**

At least one of the three most prescribed remedies (Bryonia-Arsenicum-Phosphorus) was only used in 76% of cases.

To reach 89% of cases we have to add 4 more remedies (ant-t, eup-p, bell, sulph).

But most of the time the use of one or more of these remedies was NOT sufficient, as it was used as part of a prescriptive sequence with other remedies.

On the other hand, we can say that there are about ten remedies that are used successfully in most cases and therefore cover satisfactorily the characteristic pictures with which the COVID-19 is manifested outside the hospital.

The most prescribed remedy (Bryonia) has been used both in the initial (most frequently) and in the state phases.

Phosphorus and Arsenicum have shown effectiveness especially in lung involvement, as well as (less frequently) Antimonium tartaricum.

The use of Belladonna has been more characteristic of some early febrile phases.

Used in every state Eupatorium perfoliatum and Gelsemium.

Most typical of remission phases: Phosphoric acidum, Pulsatilla, Sulphur

**Ciro D'Arpa (medical expert in homeopathy, Head of the Epistemology and Ethics Department of the Italian Society of Homeopathic Medicine - SIMO) [cirodarpa@gmail.com](mailto:cirodarpa@gmail.com)**

**Raffaella Pomposelli (physician expert in homeopathy, President of the Belladonna Foundation)**

**Andrea Valeri (physician expert in homeopathy, President and Head of Research Department of the Italian Society of Homeopathic Medicine - SIMO)**

**09/06/2020**

